



Asthma Policy 2025-26

Happiness at the heart of learning

In our welcoming and inclusive school, we aim for the highest standards in everything we do.

- **B**ravery (persevering when things are difficult, facing learning challenges)
- **R**espect (respect for ourselves and others; fair inclusion of everyone)
- **I**ntegrity (being honest and trustworthy)
- **D**etermination (challenging ourselves to improve)
- **G**enerosity (thoughtfulness, co-operation, and emotional growth)
- **E**xcellence (taking pride in everything we do)

Approved by:

Date: 23/09/2025

Last reviewed on:

Autumn 2025

Next review due by:

Autumn 2026

Contents

Pupils with asthma will be encouraged to take a full part in all activities at Whitehall Junior School.

Aims

To ensure that all staff are aware of the condition and are able to deal with a child who has an asthma attack.

To ensure that asthmatic children have easy and immediate access to their relief inhalers and appropriate treatment.

To ensure that records are kept of the children with asthma and are regularly updated.

To work with parents so that there is good communication between home and school to ensure that appropriate information is shared.

School Procedures

As soon as children are registered at Whitehall Junior School parents need to inform us if their child suffers from asthma. (If it develops at a later stage the school still needs to be informed).

Parents will be asked to provide the welfare assistant with a school asthma card. This should be obtained from the GP or asthma nurse. This card explains the condition and when and if medication needs to be taken. This card will be kept in the medical room.

Parents of asthmatic children need to keep the welfare assistant informed of any changes in condition or other illness/allergies likely to affect their asthma. Parents are requested to notify the Headteacher in writing about any changes to a child's condition or medication. The welfare assistant will ensure class teachers are aware of any changes.

Parents should provide the welfare assistant with two inhalers, one will be kept in the medical room the other in the child's class. The child will have access to their inhaler at all times. Parents need to ensure that their children know how to administer their own inhalers. See section on Inhalers.

If a child needed to use their inhaler and their condition worsened, parents will be contacted immediately and the procedures for an asthma attack would be followed.

School will notify parents when a child uses their inhaler at school. A note will be sent home with your child. Parents will also be informed if their child uses their inhaler excessively.

Inhalers

Prevention Inhalers which are usually BROWN are **not** kept in school.

Relief Inhalers - these inhalers are usually BLUE and are kept in possession of the child along with their spacer. These must be CLEARLY NAMED. A spare inhaler is to be kept in the medical room for emergency use. If a GP has advised that a volumatic spacer should be used, parents are to provide school with one.

The welfare assistant will check the inhalers each term and notify the parents if the inhaler is soon to be out of date or has become exhausted.

The teacher will ensure that children have inhalers when on school trips or when engaging in any activities outside of the classroom such as during sports activities, fire drills etc. so that children have access to their inhalers whenever necessary.

Support staff, (including sports' coaches) are to be informed about the children who have asthma by the Welfare Assistant. A list of all asthmatic children will be given to all classroom staff by the welfare assistant and must be kept safe.

The school keep an emergency pack of inhalers and spacers. These would be used if an inhaler was not available or found to be out of date and if the child /adult was having difficulty breathing. Parents would be notified by phone and note if we have used the emergency inhaler. Written permission to use this emergency equipment will be sought at the initial point of information sharing and a record of this permission kept on our list of asthmatic children.

AN ASTHMA ATTACK - WHAT TO DO

If a pupil with asthma becomes breathless and wheezy or coughs continually.
Keep calm.
Let the pupil sit down in the position they find the most comfortable. Do not make them lie down.
Send a responsible person (adult or child) to the medical room to fetch a qualified first aider with the child's treatment inhaler if the child is too distressed to go to the medical room themselves.
Encourage the rest of the children to carry on as normal.
If the symptoms disappear after 5-10 minutes the pupil can go back to what they were doing.
If their condition worsens and the child is still breathless, unable to talk properly, distressed, or exhausted after 5-10 minutes, ring for an ambulance and contact parents/ carers as soon as you are able to.

The named person who has overall responsibility for this policy implementation is:
Anneline Moloj, Headteacher
The school nurse is: Ann Brown



Asthma Inhalers

Date.....

To the Parent/ Carer of Class.....

According to our records your child has asthma.

It is Whitehall Junior School's Asthma policy to have **2** reliever inhalers (normally blue in colour) in school. One is kept with your child and one in the welfare room as a spare. Our asthma policy states that if a child is asthmatic they will not be able to take part in P.E or school trips if they do not have an inhaler in school.

Currently we do not have any in date inhalers in school for your child. This is a very important and potentially dangerous situation. Please provide us with two inhalers immediately.

If your child no longer requires an inhaler, please complete the slip below.

Yours sincerely,

Mrs Treanor
Welfare Assistant

.....

Please return to the medical room.

Child's name

Class.....

My child no longer requires an inhaler.

Signed.....

Dated.....

Name:.....

Relationship to child:

.....



Asthma Inhalers

Dear Parent/Carer

The Department of Health have released new guidance on emergency salbutamol inhalers. This means that schools are able to purchase emergency packs in case your child's one is lost or is exhausted. As your child is recorded as being asthmatic, we require you to complete the form below.

1. I can confirm that my child has been diagnosed with asthma and has been prescribed an inhaler.
2. My child has a working, in-date inhaler, clearly labelled with their name. One inhaler is to be kept in the medical room as a spare and the other one is for your child to carry around with them.
3. In the event of my child displaying symptoms of asthma, and if their inhaler is not available or is unusable, I consent for my child to receive salbutamol from an emergency inhaler held by the school for such emergencies.

Signed:..... Date:

Name
(print).....

Child's name:

.....

Parent's address and contact details:

.....

.....

Telephone:

.....

Please return this form to Mrs Simmonds or Mrs Treanor by _____



Use of an emergency salbutamol inhaler in school

Date

Notification for Parent/Carer of Class

This letter is to formally notify you that your child was given puffs of our emergency inhaler at am/pm today.

The emergency inhaler was used because –

We did not have an in-date inhaler in school.

The inhaler at school had run out.

(Please delete as necessary)

Although they soon felt better, we would strongly advise that you have your child seen by your own doctor as soon as possible. Please make sure that we have 2 in-date inhalers for school as soon as possible.

Mrs Simmonds and Mrs Treanor