



Happiness at the heart of learning

Whitehall Junior School Cowley Road Uxbridge Middlesex UB8 2LX

Friday 10th July 2026

Dear Parents/Carers,

RE: Extreme Weather Arrangements

As we approach the final week of this academic year, we wish to ensure that the term ends well, despite the hotter temperatures. Your children have coped relatively well with the hot weather so far but as high temperatures are set to continue next week, I wanted to send some guidance out for you and to let you know what we are doing.

To try and keep your children safe at school, we will be facilitating outdoor time at cooler times of day. There may be times where we only let them outside to sit in the shade and to do quiet play/book reading. Water is freely available in school but please send your child with any water bottle. At the hottest part of the day, we will keep the children in the shade or, if necessary, inside.

To help your child remain comfortable this week, they can wear the school's PE kit and trainers daily or the summer uniform of red gingham dress or grey shorts and polo T-shirt. We advise that they wear a hat and have their water bottle with them at all times. Feel free to apply sunscreen before leaving home. Make sure any child that needs an inhaler has theirs with them and it is in date.

We shall be watching the children carefully for signs of heatstroke.

These are the things to watch out for:

- a headache
- dizziness and confusion
- loss of appetite and feeling sick
- excessive sweating and pale, clammy skin
- cramps in the arms, legs and stomach
- fast breathing or pulse
- a high temperature of 38 degrees C or above
- being very thirsty
- floppy and sleepy children

If your child is showing any of these symptoms at school, we will be sending them home straight away so that you can monitor them and seek medical advice if necessary.

Earlier dismissal optional: On days on which the building temperatures are unbearable, we will send a message, allowing earlier collection of children. For the sake of all others, we will remain open until the usual collection time.

Silent Handheld Fans: Whilst every class is equipped with a tower fan, we are mindful that this may not suffice in hotter weather. During this period, children are allowed to bring in silent handheld chargeable or battery-operated fans, only to be used in class. These will be used in a controlled manner. However, we will not be held responsible for any lost or damaged fans.

Any further concerns or anything you wish to discuss in regards these arrangements, please contact the school office.

Stay safe and stay well.

Yours in education,

Mrs Moloi