



## CURRICULUM SUMMARY PSHRE – Years 3-6 Overview

	Year 3	Year 4	Year 5	Year 6
PSHRE	<p><b>Relationships and Health Education</b> How do we make our relationships safe and fair? What are healthy habits and why are they important?</p> <p><b>Living in the Wider World</b> How do communities make a difference? How do I make informed choices about money?</p> <p><b>Relationships and Health Education</b> Who is there to help me when I think there's a risk? How do I keep my body safe?</p>	<p><b>Relationships and Health Education</b> Why are respectful relationships important? What action can I take to look after my health?</p> <p><b>Living in the Wider World</b> What is citizenship? How can I support my community?</p> <p><b>Relationships and Health Education</b> What can I do about risks? What changes happen as I grow up?</p>	<p><b>Relationships and Health Education</b> What are the consequences of unhealthy and unfair relationships? How do different parts of our bodies impact our health?</p> <p><b>Living in the Wider World</b> What is global citizenship? What do I want to do when I grow up? What is the media?</p> <p><b>Relationships and Health Education</b> How do we respond to change, risk and harm? What can I expect during puberty?</p>	<p><b>Relationships and Health Education</b> How can I maintain healthy relationships? How are our physical health and mental health connected?</p> <p><b>Living in the Wider World</b> How do we create equality for all citizens? How can I be prepared for work in the future? How do I stay critical online?</p> <p><b>Relationships and Health Education</b> How do relationships change as we grow up? How is my body preparing for adulthood?</p>

**Our rationale for sequencing the subject in this way**

Whitehall Junior School has adopted the Ealing Scheme of Work for PSHE. Our diverse school community is similar to that of schools within the London Borough of Ealing and upon reviewing the scheme it was agreed that the majority of the content was relevant to the children in our school. Where this was not the case, these topics and lessons have been removed and substituted in order to tailor the scheme fully to the needs of our children.

The scheme is split into termly themes, Relationship and Health Education and Living in the Wider World. These themes were selected as they link to the PSHE Association's guidance. The curriculum is designed in this way to create a whole school approach to PSHE and, as each year group covers the same theme at the same time, it provides children with the opportunity to be able to share their learning with their peers. The curriculum is progressive in the way that, despite covering the same topic at the same time, in each year group, the learning within that topic is expanded upon and previous learning is revisited and built upon. Themed weeks that occur throughout the school year, such as anti-bullying week, are also embedded within the planning.

Safeguarding is the golden thread throughout the scheme of work as so many topics link to this; teaching pupils the skills to keep themselves safe in all areas of their lives.

The curriculum is rich, in the way that it covers a variety of topics within the three themes. It is relevant, not only to the demographic of the school but also in its coverage of the objectives from the recent Relationships and Health Education statutory guidance. The curriculum is imaginative; lessons are planned to incorporate drama and utilise a range of teaching approaches to ensure high engagement.