

School Sports Funding 2015 – 2016

As a school we have always strived to provide the best opportunities for all our pupils to lead a healthy and active lifestyle and the supply of the School Sport Funding has enabled us to do this with greater ease. From analysing feedback and looking at what the school already offers, we have put these funds towards various aspects to greater enhance what we already do and provide greater wealth of opportunities. The funding has enabled us as a school to: introduce, and compete, in new sports; hiring of specialist sports coaches to run out of hours clubs; the hiring of a play leader to run organised sporting activities during play and lunch times; the hiring of specialist coaches to team teach P.E. lessons; opportunities to focus on educating our children on how to lead a healthy lifestyle and much more. The money has certainly enabled us to make sustainable improvements to our provision of P.E. and sport for the benefit of all our children

This year, Whitehall received £9,927 in sports funding and here is an overview of how we used the funding.

Use of money	Total spend
Professional coaches	£7077.00
Equipment	£183.24
Employing playground games staff	£1553.44
Health and Fitness Week	£609.55
Transport to sporting events	£29.10
British Cheerleading Association Competition	£682.67
Total spend =	£10,135.00

The extra financial support saw us increase the numbers of children participating in Inter and Intra competitions as well as seeing the largest number of pupils on record participating in out of hours sports clubs and becoming young play leaders. From assessment, the ability and fitness of pupils has also increased as well as teacher's confidence in planning, delivering and assessing P.E. after working with professional coaches. The impact of the use of this money is certainly evident for all to see.

What a successful 2015-16!

Sainsbury's School Games Award

For 2014-15, our school was presented with the 'Sainsbury's School Games' Gold Award. The application for this award for 2015-16 opens soon and we are anticipating receiving the Gold award again considering the further progress we have made in P.E. and sport from last year and seeing sport is embedded into our daily life at Whitehall.



P.E. Lessons

It is pleasing to see that P.E. lessons, and you having the opportunity to be young play leaders, has been enjoyed by all this year from your feedback. You have expressed your enthusiasm for the variety of dance and gymnastics units which have been taught as well as the wide range of team games and athletics lessons. The skills you have all learnt and the progress in which you are making is fantastic and all the teachers are looking forward to building on these next year. Your hard work and enjoyment in P.E. lessons really has shown that sport and healthy living is really at the heart of our learning at Whitehall.

Sports' Coaches

It has been wonderful to have our tennis, table tennis, football, cheer leading, dance, basketball, gymnastics, multi skills, cricket, Kung Fu and Yoga coaches work with us again this year to run some of our out of hours sports clubs either before, during or after school. These clubs have been as popular as ever and you have all benefited greatly from the expertise of these professional coaches. As a school, we are delighted to still offer these clubs again from September and we look forward to welcoming the coaches back.

In addition to having professional coaches running out of hours clubs this year, the number of staff who have dedicated their time and energy to running clubs this year has been wonderful. This has enabled Whitehall to offer even greater variety of sporting opportunities for our children.

As well as the professional coaches running out of hours clubs, all classes across the school have had the wonderful opportunity to have their P.E. lessons taught by either Nathan, our gymnastics coach, or Leon, our basketball coach, this year. The feedback I have had back from the teachers and pupils on these lessons has been very positive and it is so wonderful to hear that much is being gained from these lessons.

Two Year 6 classes have also had the wonderful opportunity of having Chris, from Uxbridge Cricket Club, lead their P.E. lessons in the summer term alongside their class teacher. I know these lessons were thoroughly enjoyed by all and you gained a lot from them.

Clubs

All of the coaches, and teachers, would like to say a huge thank you to the vast numbers of children who signed up to attend additional physical education through joining one or more of our numerous clubs on offer this year. The coaches were overwhelmed by the numbers of you who attended and the positive attitudes and commitment you all had towards these clubs - it is so good to see you all having such a responsible attitude towards living a healthy lifestyle and wanting to develop

your skills and knowledge of sport.

Football League and cup

What a fantastic and successful season Whitehall's football team has had!

In the football league, Whitehall won all of their matches bar one which resulted in them being declared champions of the Uxbridge and District League; the first time for the school since 2003.

Having already wrapped up the league, all eyes were on Whitehall and Rabbs Farm as they underwent battle at the neutral venue - St Andrew's - to decide the winners of the Uxbridge and District Cup Competition.

Despite dominating proceedings, Rabbs Farm went into a shock lead, early in the second half. Adonis punished a fumble by Rabbs Farm's otherwise brilliant goalkeeper to level the score, taking the cup final into extra-time. A penalty shoot-out seemed inevitable before our captain, Bradley, smashed in a daisy-cutter from the edge of the box. Whitehall held on for another deserved trophy and made history in the process: winning the trophy for the first time in 32 years *and* completing the double for the first time in Whitehall's illustrious history.

Match squad: Hayden, Charles, Raghav, Bradley (c), Jake, Cuba, Adonis, Kairo, Sakariye, Cainan (additional players had also represented the school during league matches).



Netball League and Rallies

The netball team had a very busy season where they had matches nearly every week. They had a difficult season yet the players never gave up and showed in every match the development in their ability and skills in the game of netball. Throughout the year, the children involved in netball club worked hard and showed great commitment, determination and sportsmanship; it is so pleasing to see the progress all forty members of the club made.

Whitehall took part in the girls', mixed and boys' netball rallies this year. Despite playing very well, no teams progressed passed the group stages of the competition in the girls' and Boys' rallies however the 'A' team in the mixed rally progressed to the quarter finals but were beaten by Cherry Lane.

Miss Costa hopes to see many of you continuing to play netball when the season starts again in September.



Cross Country

On Monday 5th October, sixteen Year 5 and 6 children represented the school in the Uxbridge District Cross Country Competition at Abbotsfield. All the children had to run 2000 metres (2 kilometres) in fairly blustery conditions yet despite this, they all performed brilliantly. Even though we did not qualify for the finals this year, all the children showed great improvement in their times compared to what they achieved when they first started the club.



Hockey Tournament and friendly matches

On Friday 20th November, twelve children (Avaiz, Zain, Kairo, Ryan, Xavier, Nathan. F, Elia, Rataniya, Anna, Ellie, Leah and Joanna) represented the school in a Quicksticks Hockey Tournament at Eastcote Hockey club. They all played really well and it was wonderful to see so many families come and support during this event. Despite working hard and showing great teamwork, the team did not qualify for the quarter finals.

Considering this is only the second year Whitehall has entered a hockey tournament, we are pleased on the progress from last year and look forward to see what we can achieve next year.



How to lead a healthy lifestyle class assembly

On Friday 20th November, 5P performed a class assembly to the whole school and parents about how to lead a healthy lifestyle. This assembly focused on all aspects of healthy living including: diet, sleep, hydration, hidden sugar and the importance of exercise. After the assembly, the children created a display for the school hall to remind us daily about what we need to do to lead a healthy lifestyle.



Sports Hall Athletics

On Wednesday 13th January, twelve children (Chelsea, Abi, Caitlin, Kaja, Joanna, Rataniya, Cuba, Adonis, Xavier, Alex, Kiaro and Ramel) took part in this year's sports hall athletics at Hillingdon Sports and Leisure Centre against three other schools. The children performed their individual disciplines brilliantly and came together well to run the varied relays on the evening. They performed so well that they won this event and qualified for the indoor athletics final which was to be held on the following Wednesday – 20th January. The same children represented the school during this final and once again, the children performed all of their disciplines brilliantly. Despite their hard work and great teamwork, they did not qualify in the top three but congratulations to the team for making the finals – let's hope we can do the same again next year!



Gymnastics competition

For the second consecutive year, Whitehall took a gymnastics team to compete against other schools on Wednesday 27th January at Botwell Green Sports and Leisure Centre. Our Lower school team (Riane, Maddie, Tanayah, Cornae and Layth) and Upper school team (Shanya, Kacey, Tasnim, Haydon, Charlie and Lucasz) took part in a floor, vault and body management routine. They all performed brilliantly and the school finished 7th

overall. This was a wonderful achievement and we look forward to next year's competition.

Swimming Gala

On Thursday 17th March, several children represented Whitehall in this year's Uxbridge Schools' Swimming Gala. The children (Lewis, Becky P, Tillie, Chloe H, Charlie and Hashim) swam very well and we qualified for several final races. Despite not winning any medals, we had many personal best swims from the team. Well done to all involved!

Rugby Competitions

We are pleased to see that the rugby club is as popular as ever this year.

The first competition we entered was the 'Year 4 & 5 Uxbridge District Tag Rugby Tournament' held at Oak Farm Junior School on Wednesday 27th April. Ten children (Cainan, Noah, Elijah, Danny, Ronnie, Adam, Matilda, Emma, Isabel and Rihaam) played fantastically and were able to progress to the quarter finals but were unfortunately beaten by Cherry Lane.

This competition was followed by the 'Borough Tag Rugby Competition' which was held at Ruislip Rugby Club on Monday 16th May. The children (Cainan, Noah, Jack.J, Danny, Ronnie, Adam, Matilda, Emma, Isabel and Rihaam) had made a phenomenal improvement in their confidence and game play since the previous tournament. This progress was reiterated with the three out of five wins they achieved in this competition; narrowly missing out on a semi final place.

Health and Fitness Week

Every year we thoroughly enjoy our health and fitness week and this year was no exception; what an action packed week which was enjoyed by all! It was wonderful to see so many sports being explored: athletics, fitness sessions, tennis, football, traditional English dancing, cricket and sponsored walk.

It was magnificent to see the winners of the 'Healthy Body, Healthy Mind' projects as well as the class winners for the fitness competition:

Year 3 = 3D

Year 4 = 4B

Year 5 = 5O

Year 6 = 6W



As well as this, you all gained a lot from the assembly led by CaterLink, our school chefs, about sensible food choices and what a way to highlight this than having our own fruit sale before school!



Quad Kids Athletics Competition

On Wednesday 18th May, ten Year 6 pupils (Alex, Ramel, Adonis, Bradley, Xavier, Abi, Caitlin, Ruby, Chelsea and Rataniya) represented the school at the Hillingdon Quad Kids Athletics Competition which was held at Hillingdon Athletics Track. The children were competing against eleven other schools in four disciplines: 75 metre sprint, 600 metre run, standing long jump and Vortex Howler throw. We are proud to announce that our team were declared the winners of the event winning medals and yet another trophy for the school; we are so pleased that all of their training and hard work paid off. We now look forward to having these ten children represent the school, and the Hillingdon Borough, at Crystal Palace for the London Youth Games on Thursday 30th June.



We have one half term left of this school year and already we have so much to be proud of. We are elated by this year's achievements so far and we are looking forward to what can be achieved before this year is over!

Miss Costa and Mr Jones