

## School Sports Funding 2017 - 2018

As a school we have always strived to provide the best opportunities for all our pupils to lead a healthy and active lifestyle and the supply of the School Sport Funding is enabling us to do this with greater ease. From analysing feedback and looking at what the school already offers, we have allocated these funds towards various aspects to greater enhance what we already do and provide greater wealth of opportunities. The school spent the funding on: promoting healthy, active lifestyles; increasing numbers of children who participate in out of hours sports clubs; using coaches to introduce new sports to the school; use of coaches to team teach PE lessons with school staff as well as promoting healthy living daily at play and lunchtimes and through special health and fitness week activities. The money was allocated accordingly in order to support the school to make sustainable improvements to the provision of PE and sport for the benefit of all our children.

## Financial Year 2017 – 2018

Whitehall received £15,946.00 in sports funding and was spent as follows:

Use of money	Total spend
Sports Clubs Support for Children	£1,560.00
Swimming Lessons (Extra Year Group)	£5,942.00
PECS Teacher Sport Training	£6,990.00
Positive Play (Playground Leader)	
Basket Ball Coaching	£420.00
Trophies	£157.00
Healthy Snack Making	£93.00
Foot Up and Lets Dance Coach	£300.00
<b>Total</b>	£15,462.00 (£484.00 to be carried forward to next financial year)

## What a Successful 2017-1018!

### School Games Award For 2017-18

Our school was presented with the Gold School Games' Award for the fourth consecutive year! It is wonderful that Whitehall has been recognised for the fantastic work we do in P.E. and sport and the great progress we make each year; this really does show that sport and leading a healthy lifestyle is embedded into our daily life at Whitehall. Now that we are eligible to achieve platinum, we must strive to achieve even more next year.



## PE Lessons

With an expanding school, we were pleased that we could provide every child in the school with two hours of curriculum time PE every week. I has been great to see classes taking the recent warm weather as an opportunity to take part in additional physical activities. This year in PE lessons, the children have tried a range of sports during 'invasion games' and 'over the net' modules. Through indoor PE lessons, every child has had the opportunity to take part in dance, gymnastics and fitness activities. The structure of our lessons provide children with opportunities to develop leadership skills and teamwork skills in competitive scenarios. Through a combination of PE and PSHE lessons, the children have been educated on the principles of leading healthy and active lifestyles.

## Sports Coaches

It has been fantastic working with Clubsport for the first time this year. The Clubsport coaches have delivered a wide range of out of hours sports clubs throughout the year, which have proved to be popular and successful. Thanks to Clubsport, we have been able to offer our children new sports opportunities such as fencing, archery and tri-golf. This year we have continued to provide tennis and cricket clubs by employing local coaches. All the clubs that have ran this year have been greatly beneficial for the children and it has been great to see them develop their skill set from high quality out of hours teaching.

As well as providing out of hours coaching, Charlotte, Stephen and Chris have taught lessons during curriculum time. This has allowed those children who do not attend sports clubs the opportunity to benefit from working with professional coaches. A number of Whitehall teachers have worked alongside Charlotte and Stephen from Clubsport to develop personal skills in teaching a range of sports.

## Squad Training

In addition to the sports clubs delivered by professional coaches, a number of Whitehall staff have given up their time to provide sport squad training sessions. From these sessions, Whitehall children have the opportunity to represent the school in inter-school competitions in the following sports; Football, Netball, Cross Country, Swimming, Rugby, Rounders and Athletics. It has been great to see the children put the skills they learn in training into practise in a competitive setting. We are very proud of how our children represented the school and the high level of sportsmanship they displayed at every competition.

Between the squad training run by Whitehall staff and the clubs delivered by professional coaches we have successfully provided our children with a huge range of opportunities to be active, enjoy sport and learn new skills. See below for the number of children who attended out of hours sports opportunities throughout the year.

<b>Sports Club</b>	<b>Autumn Term 2017</b>	<b>Spring Term 2018</b>	<b>Summer Term 2018</b>
Netball squad	31	31	n/a
Football Squad	24	27	n/a
Year 3 & 4 Football	15	n/a	n/a
Wake and Shake	7	n/a	n/a
Archery/Fencing	17	16	10
Multi-skills	7	10	7

Tri-Golf	14	10	8
Street Dance	12	9	6
Gymnastics	17	17	10
Football Club	16	16	19
Dodgeball	11	12	10
Table tennis	11	16	14
Spy Club	10	n/a	n/a
Cross Country	16	n/a	n/a
Tennis	14	15	16
Indoor Athletics	n/a	16	n/a
Rugby	n/a	n/a	42
Cricket	n/a	n/a	15
Rounder	n/a	n/a	16
Athletics	n/a	n/a	67
<b>Total</b>	<b>222</b>	<b>195</b>	<b>240</b>

### Swimming

At Whitehall, we see swimming not only as a great way to stay healthy and active, but as a fundamental life skill. To help prepare children for life outside the classroom, we have provided Year 4 and 5 children with regular swimming lessons throughout the year. By introducing swimming lessons at an earlier age, compared to previous years, we hope to see an increase in the amount of children who can swim 25m by the time they leave in Year 6.

The Year 6 cohort of 2017-18 would have undergone regular swimming lessons in the academic year 2016-2017.

73% of those Year 6 children could swim 25m unaided.

### Football League

Rabbsfarm 1 – 2 Whitehall (27/09/17)  
 Whitehall 2 – 3 Colham Manor (04/10/17)  
 Ryefield 0 – 3 Whitehall (11/10/17)  
 Whitehall 0 - 0 Cowley St. Laurence (18/10/17)  
 St Bernadette's 1 - 3 Whitehall (31/01/18)  
 Whitehall 1 - 4 West Drayton (21/02/18)  
 Whitehall 1 - 3 Hillingdon (23/02/18)  
 Whitehall 1 - 1 Cherry Lane (07/03/18)

Goal Scorers 2017/18	
Name	Goals Scored
Elijah	3
Riaz	3
Jake	3
Maalik	2
Charlie	1
Soroush	1

## Netball League and Training

Well done to the vast numbers of you who are attending weekly netball training - your hard work and commitment is paying off as your skills and abilities are improving greatly!

### Mixed Netball League Match Vs ST Matthew's

On Thursday 5th October, eight children represented the school in this year's first netball league match against St Matthew's. The team played very well and showed throughout the game to be applying their skills and how well they worked together as a team.

Result:

Whitehall = 12

St Matthew's = 2

A great start to the season!

### Mixed Netball League Match Vs Hillingdon

On Friday 6th October, eight children represented the school in a home netball match against Hillingdon. Yet again the team played fantastically in what was a tight game. After leading at the end of the third quarter unfortunately they conceded too many goals in the last quarter - despite this, they never gave up, well done!

Result:

Whitehall = 5

Hillingdon = 8

### Mixed Netball League Match Vs Oak farm

On Thursday 12th October, eight children represented the school in a home netball match against Oak Farm. Throughout the game they showed great team work, good movement down court and very accurate passing of the ball. All members of the team worked well to achieve our second win of the season - well done!

Result:

Whitehall = 12

Oak Farm = 1

### Mixed Netball League Match Vs St Bernadette's

On Thursday 11th January, eight children represented the school in an away match against St Bernadette's. We were a little rusty after the long Xmas break yet the team worked really hard throughout the game. Despite the team's best effort we did not win this match. We are very much looking forward to weekly training again.

Whitehall = 1

St Bernadette's = 9

### Mixed Netball League Match Vs Rabbsfarm

On Wednesday 17th January, eight children represented the school in a home match against Rabbsfarm. The training had certainly paid off as they played amazingly!

Whitehall = 22

Rabbsfarm = 0

### Mixed Netball League Match Vs West Drayton

On Thursday 18th January, eight children represented the school in an away netball match against West Drayton. The children played amazingly again and really showed how their use of space and accuracy in passing has improved.

Whitehall = 8  
West Drayton = 4

#### Mixed Netball League Match Vs Cherry Lane

On Thursday 25th January, eight children represented the school in an away netball match against Cherry Lane. It was an amazing game with our players performing at the best of their ability in a game which I think is the best I have ever seen in my time as a teacher. It was a tight game throughout with the lead always changing hands. Even though we lost, it is a game all of the players should be really proud of!

Whitehall = 5  
Cherry Lane = 7

#### Mixed Netball League Match Vs Hermitage

On Monday 5th February, eight children represented the school in a home netball match against Hermitage. Yet again the team played fantastically in what was a very tight game. After leading at the end of the third quarter unfortunately they conceded too many goals in the last quarter - despite this, they never gave up, well done!

Result:  
Whitehall = 6  
Hermitage = 7

#### Mixed Netball League Match Vs Colham Manor

On Thursday 7th February, eight children represented the school in a home netball match against Colham Manor. Throughout the game they showed great team work, good movement down court and very accurate passing of the ball. All members of the team worked well to achieve yet another win of the season - well done!

Result:  
Whitehall = 12  
Colham Manor = 0

#### Mixed Netball League Match Vs St Catherine's

On Thursday 22nd February, eight children represented the school in a home netball match against St Catherine's - our last match of this year's league. The team played fantastically throughout showing great use of space and some lovely passing. All members of the team showed great sportsmanship and it was lovely to end the season on yet another win!

Result:  
Whitehall = 11  
St Catherine's = 1

### **Girls' Netball Rally**

On Saturday 24th February, we took two teams to take part in the District Girls' Netball Rally which was held at Ryefield school. Both teams played very well throughout the group matches of the competition but unfortunately only our A team qualified for the quarter finals. Their quarter final match was against Oak Farm B and our team won that match 12-0. Their semi-final match was against a very good Hermitage side who beat us 7-2 and it was Hermitage who went onto win the whole competition. Due to the A team's wonderful performance, they came away with bronze medals and also qualified for the Borough Girls' Netball Competition! All sixteen girls who played on Saturday did very well and we are very proud of all of their performances in their matches and great sportsmanship!



### **Borough Girls' Netball Rally**

On Wednesday 7th March, our eight successful girls, who won bronze medals at District Girls' Netball Rally, represented our school in the Borough Girls' Netball Rally which was held at Newnham school. We were one of the top twelve schools in the borough who were there to compete against one another to see which school would progress on to represent the Hillingdon Borough at Crystal Palace in July. The girls played well in all of their matches and showed amazing sportsmanship throughout. Unfortunately we did not progress to the semi finals of this competition but we had some very good games. The results were as follows:

- Whitehall = 1 Ladybanks = 2
- Whitehall = 0 Newnham = 5
- Whitehall = 2 Oak Farm = 0
- Whitehall = 0 Dr Triplets = 2
- Whitehall = 3 Hayes Park = 0

### **Mixed Netball Rally**

On Saturday 10th March, we took two teams to take part in the District Mixed Netball Rally which was held at Ryefield school. Both teams played very well throughout the group matches of the competition but unfortunately only our A team qualified for the quarter finals. Our B Team played exceptionally well in all of their matches and we are very pleased with the progress they have made in their play this year. Team A's quarter final match was against Hermitage A and our team played amazingly well in what was a very tight match. Unfortunately we lost that Match 5-4 and therefore did not progress to the semi-finals. However, it was Hermitage that went on to compete in the final so that just shows how well team A played in this competition. All fifteen who played did very well and we are very proud of all of their performances in their matches and great

sportsman  
ship!



### **Boys' Netball Rally**

On Monday 19th March, we took a team to take part in the District Boys' Netball Rally which was held at Ryefield school. The boys played very well in all of their group matches:

Winning 8-0 against Oak Farm 'B'

Losing 5-2 against St. Bernadette's 'A'

Winning 8-0 against Hillingdon 'B'

Therefore they qualified to take part in the quarter final match against Hillingdon 'A'. Our team played amazingly well in what was a very tight match. Unfortunately we lost that match and therefore did not progress to the semi-finals. However, the two matches which our boys did lose were actually against the two teams who reached the final - which shows how well they played in this competition.

All eight who played did very well and we are very proud of all of their performances in their matches and great sportsmanship!

### Los Angeles Rams Visit

On Thursday 19th October, we were extremely fortunate to have the Cheerleaders from the Los Angeles NFL team visit our school. For the two classes with the best attendance, the cheerleaders showed off some of their amazing moves; taught a routine and took part in a Q&A session. The morning was thoroughly enjoyed by children and staff alike. GO RAMS!



### Daniel Lewis Visit

On Friday 1st February, we were very lucky to be visited by Daniel Lewis, a GB Triple Jumper who competed in the common wealth games in 2014. Every child took part in a fitness circuit where they were give a huge amount of encouragement from Daniel, Sportivator (Omar) and WJS staff. It was excellent to see the children so enthusiastic about fitness; they clearly enjoyed the experience. Daniel then led a fantastic, inspirational assembly where he explained his journey as a triple jumper thus far. Daniel demonstrated some of his training exercises and some children were chosen to replicate these. Even a few lucky staff members were chosen too!

Thank you to all who have already began to bring in Sponsorship money. The money raised will help our school to buy sports equipment for PE lessons and will help fund training and equipment for GB athletes. A very worthy cause!





## Swimming

Congratulations to the six children who competed in the District Swimming Gala last night (15/03/18). The children swam exceptionally well in the following events; Freestyle, Breaststroke, Backstroke Medley Relay and Freestyle Relay. Miss Costa and I are extremely proud of everyone who competed. A particular well done to Niharika for winning Gold in the Individual Girls Breaststroke and Riaz for winning the Silver medal in the Individual Boys Breaststroke. Thank you to all the parents for coming to support your children and the school.



## QuadKids

On Wednesday 9th May, eight children from Years 5 and 6 competed in the annual Quadkids athletics competition at Hillingdon Athletics Stadium. Each child took part in four disciplines: sprint, long jump, vortex howler and 800 metres run. Each child performed well in their events and we were thoroughly proud of them all.

## Tag Rugby

At Whitehall, we are extremely pleased to see that Tag Rugby has continued to be popular for boys and girls alike. The children attending this year's club thoroughly enjoyed the training sessions and demonstrated a huge amount of progress in both the skills required to play the game and tactics to be successful in competitive matches.

On Monday 14th May, Whitehall hosted the annual Year 4 & 5 Tag Rugby competition for the Uxbridge District. Once again, the event was a huge success and it was a delight to see Tag Rugby be played to such a high standard in the district. This year we entered two mixed teams to the competition. Both teams played really well and did the club and the school proud.

## Health and Fitness Week

This year's Health and Fitness Week was hugely successful and I thank all the children and staff for immersing themselves in all of the activities. Our week got kick-started with A-Life, who delivered a workshop to each class on a variety of healthy living topics from cleaning your teeth and eating healthy to how to keep your body active. Following on

from the workshops, each class was given the opportunity to create a healthy snack and try a variety of different fruits during this week. Children each competed in a fitness competition where they had to complete three sets of a range of bodyweight exercises to work out every muscle. It was great to see the children participate fully and to see their competitive side come out. The exercises completed can easily be completed at home which means children can bring the learning they have experienced this week to their lives outside of school.

This year we were very lucky to have a brand new activity for Health and Fitness Week. Rock Climbing! Yes that's correct, every child had the opportunity to go rock climbing at Whitehall. On the last two days of Health and Fitness week, we were visited by a mobile climbing wall and every child had a go at being adventurous. It was fantastic to see children and staff alike overcome their fears and reach the top.

### **Sports Day**

For the first time, Sports Day took during Health and Fitness Week and it was hugely successful. The children took part in a round-robin of inclusive events that tested a range of both fine motor and gross motor skills. The children's races were a success again with all children and parents on the field supporting each other in the 40-60m dash. It was great to see parents also participating in the festivities by taking part in parent races and parent vs teacher tug-of-war. Inter-house games and dance workshops were new addition to Sports Day this year which enabled children to have a full day of being physically active and competitive.

Results:

Winning House: Frays

2nd: Chiltern

3rd: Mill

4th: Colne

### **Rounders**

Once again Whitehall took a team of children to the District Rounders Tournament held at Ryefield School. They played extremely well and made progress on last year's performance. The team showed off the skills they had been working hard on in training and progressed out of the group stages. Unfortunately we were knocked out in the Quarter Finals, however we are really proud of the team's performance.

### **Sports Assembly**

Congratulations to all those who received a medal for representing the school in a competition this year. The number of you who received a medal, or several medals, was astounding which really highlights how much sport is a part of our everyday life here at Whitehall and how much we enjoy, and gain a lot from, sport. A special thank you must go to all the dedicated teaching staff for running clubs and competitions throughout this year! The fact you were able to see during this assembly how many of the school staff still participate in sport as adults we hope is inspirational to you all. It was lovely to award so many medals and show what can be achieved in sport if you work hard to succeed!

Well done to everybody at Whitehall for all their hard work and dedication to sport and living a healthy lifestyle. You have all made this a very successful year and we look forward to what next year brings.

Mr Cumming, Mr Jones and Miss Costa